

2010 Pfalz Point Trail Challenge

TEN-MILE TRAIL RACE TO BENEFIT THE MOHONK PRESERVE

DATE Sunday, September 26, 2010 (rain or shine). Check-in begins at 8:00 am. Race starts at 9:00 am.

LOCATION Mohonk Preserve Spring Farm Trailhead, Upper 27 Knolls Road, High Falls, NY 12440.

COURSE Ten miles of open meadows with spectacular views, steep and rocky footpaths, and gently rolling carriage roads.

AWARDS Prizes to the overall winners and top three winners in ten-year age groups. T-shirt for all runners.

FOOD Runners enjoy a FREE post-race lunch catered by Main Street Bistro featuring meat and meatless chili, cornbread, and salad. Non-competitors can enjoy the meal for \$5 per person pre-registered, \$10 on race day.

FEES Registration (must be post-marked by September 20) is \$25 for Mohonk Preserve members and \$35 for non-members. **No race day registration. Register early, the race is limited to 300 runners. No refunds.** Proceeds from the race benefit the Mohonk Preserve, a leader in protecting the Shawangunk Ridge, designated as "one of the last great places on earth."

SPONSORS Visit www.mohonkpreserve.org for more information about these generous sponsors:

Principal



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Signature David Lester, D.C. / Integral Chiropractic ○ Mountain Skills Climbing Guides ○ Kiss My Face

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M O H O N K  P R E S E R V E

REGISTRATION Register EARLY—Registration is limited to 300! No race day registration. No refunds.

Name (Last) _____ (First) _____
Address _____ City _____ State _____ Zip _____
Phone _____ Age (on race day) _____ Male Female
Email _____ T-shirt size S M L XL

SPECIAL OFFER If you've never been a member, join before 9/20/10 and receive entry to the race plus a \$55 annual membership for only \$65. Membership entitles you to visit the Preserve 365 days a year, sun-up to sun-down, a regular newsletter and invitations to special events. Applies to new memberships only.

PAYMENTS \$65 (Become a Preserve member) \$25 (Current Preserve members) \$35 (Non-members) **Entry fee** \$ _____

\$5 (per person for non-runners for chili lunch; \$10 on race day) **Guest fee** \$ _____

Donation Help fund our land protection program. **Donation** \$ _____

MasterCard/Visa/Amex/Discover **Check** (payable to Mohonk Preserve) **Cash** **TOTAL** \$ _____

Card # _____ Exp. Date _____

Cardholder Signature _____

DAY FEE NOTE: Any race spectator entering after 9:00 am will be charged a \$10.00 day fee. Please arrive early!

WAIVER I, the undersigned, enter and use the Mohonk Preserve for the purpose of the Pfalz Point Trail Challenge, with the full knowledge of the dangers involved. I understand that the Mohonk Preserve and Mohonk Mountain House do not maintain the rocks, cliffs or other natural features of the terrain and the wildlife thereon. In registering for the Pfalz Point Trail Challenge, I agree to be responsible for my own safety and welfare, and agree to release and indemnify Mohonk Preserve and Mohonk Mountain House directors, employees and agents from and against all actions, claims or cost for injuries or damage arising from or relating to activities on the properties owned by them. I agree that if there be any claim or dispute that arises out of the use of the facilities that results in any legal action being brought as a result of the use of any of the facilities, all issues will be settled by the courts of the State of New York, Ulster County, which we agree shall have exclusive jurisdiction over every party in connection with such dispute, lawsuit or claim.

Signature of entrant _____ Date _____

Signature of parent required for entrant under 18 years of age _____

Mail to: Mohonk Preserve, PO Box 715, New Paltz, NY 12561 or fax 845-255-5646.

QUESTIONS: Visit www.mohonkpreserve.org or call 845-255-0919.

Register online at www.mohonkpreserve.org